

**November Waterside Coalition Meeting****Thursday, November 4th at 7:00 pm****St. Clements Church 535 Fairfield Avenue****AGENDA**

- I. **Welcome and announcements - Glenda Blume, Chairman**
- II. **Update from City Representatives - John Boccuzzi & Elaine Mitchell**
- III. **Guest Speaker – Al Atherton, State Coordinator, NAMI Sharing Hope Program**

***FUTURE WATERSIDE COALITION MEETING DATES:**The Coalition meets the **first Thursday** of each quarter at 7:00 pm at St. Clements Church:Jan. 6th, Mar. 3rd; May 5th, and Jun. 2nd**Mark your calendar:**

NAMI Sharing Hope Program – Al Atherton, State Coordinator, will discuss on November 4th the National Alliance on Mental Illness (NAMI) in CT program. The intent of the program is to: (1) address mental health stigma, (2) increase understanding and awareness of mental health recovery, (3) foster dialogue about mental illness, and (4) introduce NAMI education and support services.

**September 2nd
Meeting Highlights****Personalized Home Care Service – Gay Wheeler-Smith and Gloria Cora:**

- Provide compassionate and quality home care service while working closely with physicians and family members to assist clients in maintaining their optimal level of health. Located at 500 Summer Street, Stamford CT 06901. Telephone number (203) 348-8488.

Waterside Business Seminar – Community Economic Development Fund (CEDF):

- One Friday, September 24th, CEDF offered a variety of business loan programs for Waterside businesses. For non-real estate loans range from \$2,500 to \$250,000 and mixed use up to \$500,000. You can access CEDF loan application from www.cedf.com.

Community News**Waterside Coalition News:**

- Althea Brown, WC's Community Director. Call first: phone (203) 274-7597; fax (203) 274-7598; email:waterside@watersidecoalition.org.
- In an effort to build community spirit among the residents of Waterside, tee shirts and bumper magnets have been made

up with the Waterside logo. **Tee-shirt** cost was \$6.00 per shirt; a \$10.00 donation is requested. **Bumper magnet** cost was \$2.00; a \$4.00 donation is requested.

Waterside Neighborhood Compliance Committee

Chairperson: Althea S. Brown
Speaker: Lieutenant Dohmann and Captain Mullin
Next Meeting: November 15th at 5:30 pm
Place: Outpost Pizza: 365 West Ave. – All are invited and Free Food!

If you see illegal dumping, abandon vehicle, and anti-blight, etc. please contact Citizen's Service Center at (203) 977-4140.

If you see a vehicle speeding, illegal parking, etc. please contact Police department non-emergency number at (203) 977-4444.

"Pooper Scooper" Laws - Stamford (Sect. 111-7) require that owners immediately clean up any waste left by their dog on public or private property not their own.

Stamford ordinance sec. 23-65 prohibits posters affixed to street light poles.

Affordable Homeownership

There are a number of terrific homeownership opportunities! Contact the following nonprofit housing development agencies directly for additional information:

Mutual Housing Association of Southwestern CT, Inc. –
Minnie Edgerton (203) 672-0224.

New Neighborhoods, Inc. – Cathleen Miller (203) 359-2215
ext. 50.

Recycling

City of Stamford Recycling:

- Electronics recycling program allows Stamford residents to drop off their household electronics items all year round at the Katrina Mygatt Recycling Center and Scofieldtown Road Recycling Center.
- Residential Single Stream recycling program allows Stamford residents to place all recyclable items in one single recycling bin. Free weekly curbside recycling is provided for residents throughout the City of Stamford.
- Stamford Recycling Centers: (1) 130 Magee Avenue, (2) corner of Scofieldtown Road and Rockrimmon Road, and (3) 1 Harborview. Stamford residents can get a free dumping sticker at 1 Harborview.
- For more information on electronics or other recycling services, call the City's Solid Waste & Recycling Office at (203) 977-4117 or visit www.stamfordrecycles.org.

Health

Flu Vaccination:

- Yearly flu vaccination should begin in September or as soon as vaccine is available and continue throughout the influenza season, into December, January, and beyond. This is because the timing and duration of influenza seasons vary. While influenza outbreaks can happen as early as October, most of the time influenza activity peaks in January or later. Listing of nearby locations offering flu shots: Stamford Hospital (203) 276-1000, Stamford Government Center Health Department (203) 977-5889, CVS Riverside (203) 698-4006, Walgreen Riverside (203) 637-1496, or CVS Old Greenwich (203) 698-1457.

Bed Bug Prevention:

- **Vacuuming** of cracks and crevices can physically remove bed bugs from an area.
- **Hot water** at least 120 F (49 C) in washing clothes and other items can kill bed bugs.
- **Clothes dryer** set at medium to high heat for 20 minutes with the items are wet or dry will kill bed bugs and their eggs.
- **Enclosed vehicle** during the summer can bag up infested items that are left in a car parked in the sun with the windows rolled up for a day. The target temperature is at least 120 F (49 C).
- **Freezing** temperatures below 32 F (0 C) make bed bugs vulnerable but leave the items outdoors or in the freezer for several days.

Job Opportunity

NEED A JOB??? WANT TO HIRE SOMEONE??

WC and CTE are in alliance on employment opportunities for the neighborhood residents and business owners. Contact Waterside Coalition office at (203) 274-7597.

BEST-Building Efficiency & Sustainable Technology

Certification Program: Prepare you for 'Green' jobs and careers in sustainable building, building performance, and energy consumption auditing. For more information contact the program coordinator, Eric Gribin, at 203-857-7345 or egribin@ncc.commnet.edu, or visit their web at www.ncc.commnet.edu/aad/best.

Local Business

Support Local Business:



Maria's Laundromat & Variety Center: 267 Greenwich Avenue, Stamford, CT 06902; (203) 325-9172.

Geno Lupinacci Welding: 18 West Avenue, Stamford, CT 06902; (203) 359-3100.

XMI Menswear: 68 Southfield Avenue, Stamford CT 06902; (203) 550-5603.

Green Space Survey:

The City of Stamford is conducting a survey to locate green businesses in Waterside. Your participation will culminate in a free printed map available to constituents and an online interactive street map, highlighting our sustainable sites. Take advantage of this opportunity to promote your business and all the ways in which you are helping to preserve the local Waterside economy and environment!

To take the survey, visit this website:

http://www.surveymonkey.com/s.aspx?sm=uZPNUvYcl_2bUokbSISGxgtg_3d_3d

Donation

Waterside Coalition is a non-profit, tax exempt 501(c)(3) organization dedicated to working on issues that are important to the community. Any contribution is tax deductible.

Make check payable to Waterside Coalition, Inc., PO Box 113214, Stamford, CT 06911-3214.

Yes, I'd like to help...

Contact Name: _____ \$50, Supporter

Business Name: _____ \$100, Bronze Sponsor

Address: _____ \$250, Silver Sponsor

Telephone Number: (h) _____ (w) _____ \$500, Gold Sponsor

E-mail: _____